

# Brahmi

Brahmi - Brahmi is a nervine tonic that enhances learning, academic performance and improves mental ability.

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### Drug name

Brahmi

### Drug Uses

Brahmi is a nervine tonic that enhances learning, academic performance and improves mental ability.

### How Taken

One or two caps twice daily. To be swallowed with water or milk.

### Drug Class and Mechanism

A well-known herb that helps in improving alertness. Brahmi also acts as an antianxiety agent and has a calming effect.

### Missed Dose

If you miss a dose of this medicine and you are using it regularly, take it as soon as possible. Do not take 2 doses at once.

### Storage

Store at the room temperature away from moisture and sunlight. Keep out of the reach of children.

### Warnings Precautions

Himiplasia should be used with caution in patients with hypertension.

### Possible Side Effects

Brahmi is not known to have any side effects if taken as per the prescribed dosage.

### More Information

It is used for the treatment of asthma, hoarseness, insanity and epilepsy and is also a potent nerve tonic, cardiotonic, aperient and diuretic. It acts as an anti-anxiety agent and also calms restlessness in children and is used in several mental disorders.

### Site:

Brahmi